



DAYS, MONTHS, SEASONS & DATES · GENERAL ENGLISH · ELEMENTARY (A1)

lesson overview ★

What this lesson covers and where it is going.

This lesson gives the learner the words for the calendar: the seven days, the twelve months, the four seasons, and how to say a date out loud. It is not a numbers lesson and it is not a grammar lesson. This is the language for booking a class, making an appointment, saying when a birthday is, and arranging to meet someone.

The central question is one word: **“When?”** The learner meets the calendar words with pictures, hears them said clearly in a short video, sorts the months into seasons, learns to say dates out loud, reads about one person’s year, and finishes by answering real “when” questions about their own life.

Learning Objectives

By the end of the lesson, the learner will be able to:

1. Say the seven days of the week in order.
2. Say the twelve months of the year in order.
3. Name the four seasons and say which months are in each one.
4. Say ordinal numbers from 1st to 31st.
5. Say and write a date in two ways: the 5th of December, and 5 December.
6. Ask and answer simple “when” questions about days, months and dates.

Lesson Flow and Timing

#	Section	Time
1	Warm-Up: Odd One Out	4 minutes
2	Calendar Words	6 minutes
3	Days of the Week	6 minutes
4	Video	7 minutes
5	Months and Seasons	7 minutes
6	Saying Dates (<i>main focus</i>)	10 minutes
7	Reading: Nadia’s Year	7 minutes
8	Listening: Finding a Day to Meet	5 minutes
9	When Questions	6 minutes
10	Review	2 minutes
	Homework & Crossword	separate from class time

Natural break point: *if the lesson runs over two sessions, stop after Section 5. Sections 1–5 are the calendar words; Sections 6–10 are dates and using them.*

Timings are pacing guidelines. Never cut content to hit them.



Days, Months, Seasons & Dates

When is your class? When is your birthday? Learn to answer "When?" in English.

Level: Elementary (A1 CEFR)

Duration: 60 minutes · 1:1 Online Coaching

Skill Focus: Speaking, Listening, Reading, Vocabulary

Grammar Focus: ordinal numbers; saying dates; *in* + month / season, *on* + day / date

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1

warm-up — odd one out**Which word is different? Circle it. Say why.****WHY? CHOOSE ONE WORD**

day · month · season

Monday · Tuesday · **July** · Friday → **July**. It's a **month**.

1. Saturday Sunday April Monday It's a _____
2. winter June spring autumn It's a _____
3. May October Thursday August It's a _____
4. January summer December March It's a _____
5. Monday Thursday Sunday winter It's a _____

Let's Talk

1. What day is it today?
2. What month is it now?





2

calendar words

Read, repeat, and master these words before reading the article.

THE PICTURES ARE MIXED UP

No word is next to its own picture. Look at the picture and the clue. Write the correct letter (A–J).

#	Word	Answer
1	calendar	
2	day	
3	week	
4	weekend	
5	month	

#	Word	Answer
6	year	
7	season	
8	date	
9	birthday	
10	holiday	

A

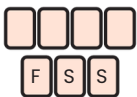

B

spring, summer...

C


D
2026

2025, 2026, 2027

E
M T W T

F S S
Mon → Sun

F

14/03/2026

G
M T W T

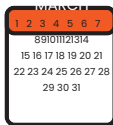
F S S
Sat + Sun

H

It hangs on the wall.

I

24 hours

J

January, February...





3

days of the week

Look, listen and repeat.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

the weekend

- ♦ **Three hard days.** Say them slowly: **WENZ**-day (Wednesday – no d sound) · **TYOOZ**-day (Tuesday) · **THURZ**-day (Thursday – tongue between your teeth)

Word Scramble

Write the day. Then say it.

1. EDDAYSWEN _____

2. YDAUSRTH _____

3. DFRIYA _____

4. DSAUETY _____

5. SYDAUN _____

Say the Chain

Your teacher says a day. You say the next two days. Six rounds.

Teacher: "Tuesday." You: "**Wednesday, Thursday.**"

Your Turn

Which day do you like best? Why? One word is enough.

SENTENCE STEM

I like ___ best. Why? → no work · family · sport · friends



**SCAN
ME**

4

video**Watch the video. A teacher says the days, months, seasons and some dates.**

▶ **Video:** Days, Months and Seasons — youtube.com/watch?v=WT2hBUYGuBM
(transcript at the back of this lesson)

While Watching — Listen and Choose

The teacher says a date. Circle the date you hear.

1.

a) Monday, December 5th

b) Monday, December 15th

c) Sunday, December 5th
2.

a) Tuesday, the 19th of October

b) Tuesday, the 9th of October

c) Thursday, the 9th of October
3.

a) Wednesday, August 2nd

b) Wednesday, April 12th

c) Wednesday, August 12th
4.

a) Thursday, June 22nd

b) Thursday, July 22nd

c) Tuesday, June 22nd
5.

a) Saturday, the 4th of April

b) Saturday, the 14th of April

c) Sunday, the 14th of April

Fall or Autumn?

The video says these two words mean the same thing. Which one is British? Circle it.

fall**autumn****After Watching — The Video's Own Questions**

Say your answers. Use the stems.

#	Question	Stem
1	What is the seventh month of the year?	It's ____.
2	How many months are there in two years?	There are ____ months.
3	What month is your birthday in?	It's in ____.
4	What day was it yesterday?	It was ____.



5

months and seasons

Look, listen and repeat the twelve months.

1
January

2
February

3
March

4
April

5
May

6
June

7
July

8
August

9
September

10
October

11
November

12
December

♦ **Watch the spelling:** February has two r's. The long months are September, October, November, December.

♦ **Capital letters:** we always use a capital letter for days and months (Monday, March). For seasons, it is your choice (spring or Spring).

The Four Seasons





5

months and seasons — sort them

Put each month in the right season. Write three months in each box.

MONTH CARDS

July · November · March · January · August · April · October · December · June · September · May · February

**spring**

**summer**

**autumn**

**winter**

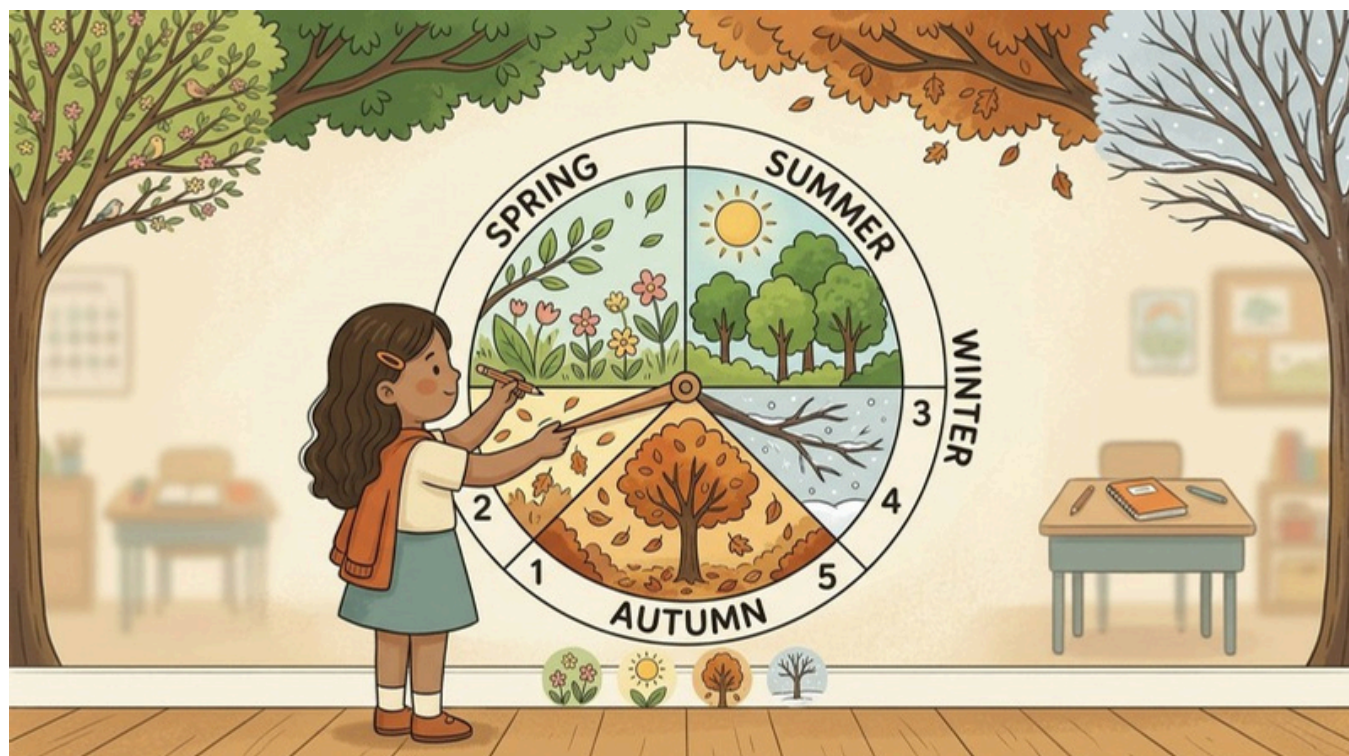
Then say it: **March is in spring. July is in summer.****Your Turn**

Complete the sentence and say it.

My favourite season is _____ because _____.

REASONS — CHOOSE ONE

it's warm · it's sunny · I love snow · my birthday is in it · I go on holiday





6

saying dates

Step 1: ordinal numbers. Listen and repeat.

1st
first

2nd
second

3rd
third

4th
forth

5th
fifth

6th
sixth

7th
seventh

8th
eighth

9th
ninth

10th
tenth

Now with a month: **the first** of May · **the second** of May · **the third** of May

11th–19th: all -th

eleventh · twelfth · thirteenth · fourteenth · fifteenth
· sixteenth · seventeenth · eighteenth · nineteenth

20th–31st

twentieth · twenty-**first** · twenty-**second** · twenty-**third** · twenty-fourth... · thirtieth · thirty-**first**

Step 2: the th sound

◆ Put your tongue between your teeth. Say it slowly: **four-TH · fif-TH · six-TH · twelf-TH · twentie-TH**

Step 3: full dates

◆ **We write the number, but we say the ordinal.** We write **5 December**. We say “**the fifth of December**”. We never say “five December”.

1
5 December

2
22 June

3
14 March

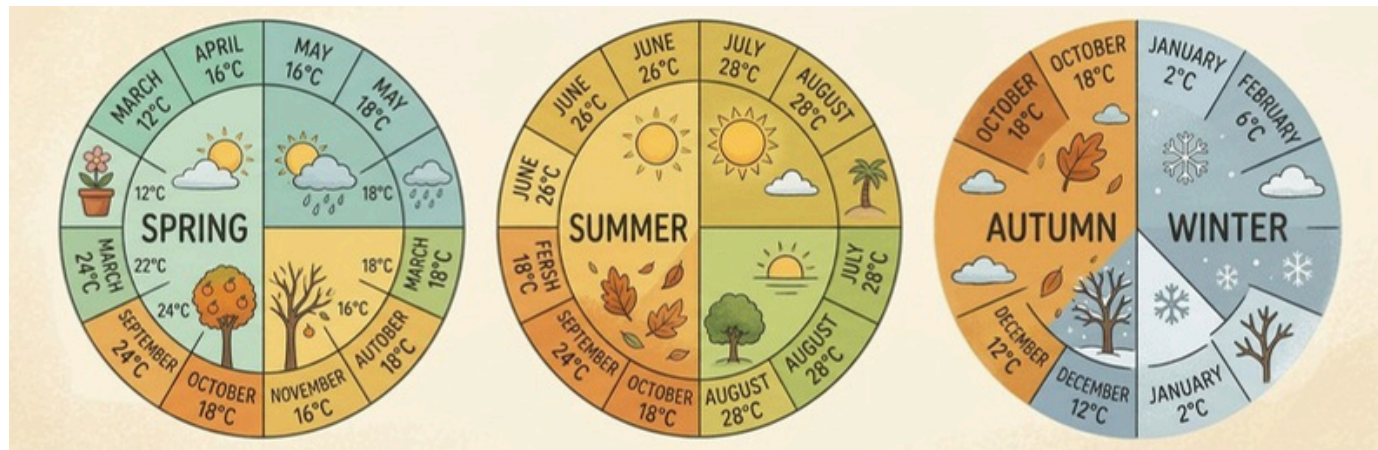
4
2 July

5
9 October

6
1 January

Say each date the British way.

In American English (like the video) you may also hear: December 5th · June 22nd.





6

saying dates — the calendar

This is October 2026 .Use it to help you with the dates.

October 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Practice A — Dictation

Your teacher says a date. Write it with the number and the month.

"the third of April" → **3 April**

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

saying dates — say the card

Practice B: say the date out loud. Then say one thing that happens on it.

3 April → "**The third of April** — my sister's birthday."

1
14 February

2
8 March

3
6 May

4
1 June

5
15 August

6
22 October

7
24 December

8
31 December

IDEAS

my birthday · a family birthday · a holiday · Christmas · a party · my English class · nothing special



7

reading — nadia's year**Read about Nadia's year.****MY YEAR****Nadia's Year**

Nadia lives in Poland. She tells us about her year — month by month.

Hi! My name is Nadia. I am 34. I live in Gdańsk, and I work in a bookshop. Here is my year.

Winter is cold. On the 1st of January, I have a big lunch with my friends. In January, I work a lot. In February, I go skiing for one week.

Spring is my favourite season. In March, the days are long again. My birthday is on the 14th of March. In April, I clean my flat. In May, I start a new English course. My first class is on the 6th of May.

Summer is hot. In June, I walk by the sea every evening. In July, I go on holiday to Spain. My holiday starts on the 2nd of July. In August, I visit my mother. She lives in a small village.

Autumn is busy. In September, I go back to work. In October, it rains a lot. My brother's birthday is on the 22nd of October. In November, I read a lot of books.

December is my favourite month. On the 24th of December, my family has a big dinner. On the 31st of December, I go to a party with my friends.

Find the Information**Find the answer in the text. Write it.**

1. When is Nadia's birthday?

2. Which season does she like best?

3. What does she do in July?

4. Which month does she visit her mother?

5. When is her first English class?

6. What does she do in February?

7. When is her brother's birthday?

8. What does she do on the 31st of December?

8

listening – finding a day to meet

Nadia and Ben want to have a coffee. Listen and complete Nadia's diary.

Write what Nadia does on each day. Then write the day and date they meet. You will listen two times.

Nadia's diary

October 2026

Monday 12

Tuesday 13

Wednesday 14

Thursday 15

★ Coffee with Ben:

HELPFUL WORDS

English class · work late · visit her mother · go to the gym





9

when questions**In or on? Look and repeat.****in** + month, season

in March · in summer

on + day, date

on Monday · on the 3rd of May

October 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

About You

Compleatethe sentences. Then say them.

1. My birthday is on _____.
2. I have my English class on _____.
3. I don't work on _____.
4. My favourite month is _____.
5. I usually go on holiday in _____.

Model: My birthday is on the 14th of March. I don't work on Saturday.



9

when questions — ask and answer

Your teacher asks you. Then you ask your teacher.

#	Question	Answer stem
1	When is your birthday?	It's on the ____ of ____.
2	When do you have your English class?	On ____.
3	When do you go on holiday?	In ____.
4	What's your favourite season?	It's ____.

You ask: "And **you**? When is **your** birthday?"

10

review

Five quick questions. Say your answers out loud.

#	Task	Your answer	✓
1	Say the day after Thursday.	_____	☐
2	Say the month before September.	_____	☐
3	Name the months in autumn.	_____	☐
4	Say this date out loud: 21 June	_____	☐
5	Answer: What's the date today?	_____	☐

♦ **You pass with 4 out of 5.** Your pronunciation does not need to be perfect. A clear answer is a good answer.



homework

5–10 minutes. Do this before the next lesson.

Main task

Write five important dates from your year. Write each one as a full sentence.

- your birthday
- a family birthday
- a holiday
- the first day of your English course
- one more date you choose

Model: My birthday is on the 14th of March. My holiday starts on the 2nd of July.

Try to use: My ___'s birthday is on ___. · My holiday starts on ___. · My English course starts on ___.

Months

January · February · March · April · May · June · July · August · September · October · November · December

Optional speaking task

Record a 30–60 second voice message. Say your five dates out loud.

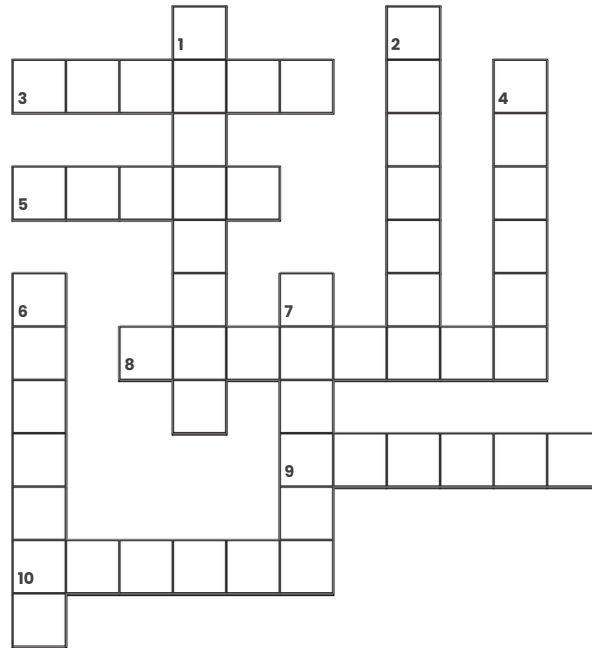




11

bonus — crossword puzzle

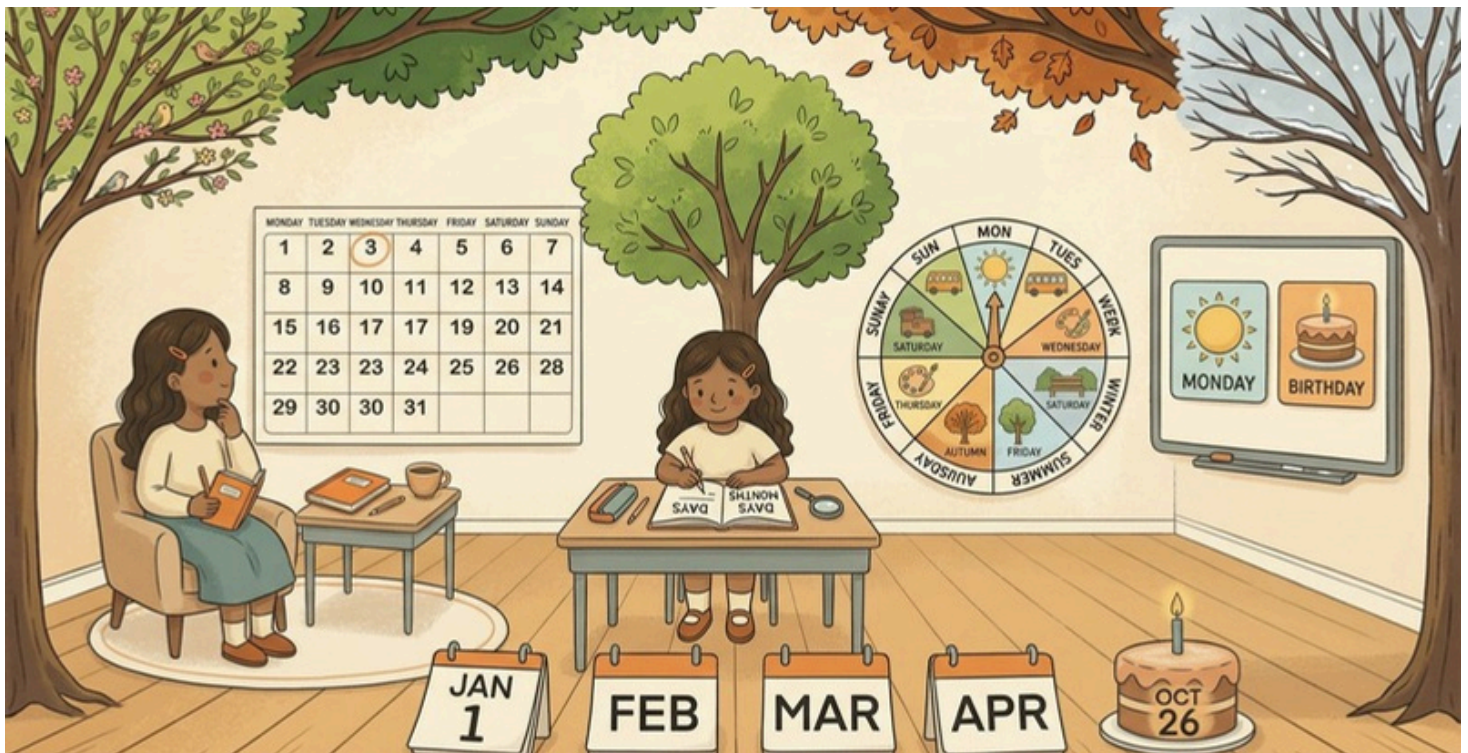
Look at the picture or read the clue. Write the word.

**ACROSS**

3.  (6 letters)
5. There are twelve in a year. (5 letters)
8.  (8 letters)
9.  (6 letters)
10.  (6 letters)

DOWN

1.  (8 letters)
2. Saturday and Sunday. (7 letters)
4.  (6 letters)
6.  (7 letters)
7. There are four in a year. (6 letters)





video reference

What is in the video?

This is a short practice video with one teacher. First she says the seven days of the week, then the twelve months in order, and you can repeat after her. Next she names the four seasons and explains that American English and British English use different words for one of them. Then she reads out seven dates, each with a day of the week, and points out that the endings of the numbers are hard to pronounce. At the end, she asks the viewer six short questions about months, days and birthdays.

- **If the video does not work today:** your teacher reads eight dates. You write them down.



video transcript

Days, Months and Seasons — youtube.com/watch?v=WT2hBUYGuBM

in this video we're going to practice the days months and seasons of the year in english because some of us either forget the order or forget how to pronounce them so let's get started are you ready let's start with days of the week and if you want you can repeat after me monday tuesday wednesday thursday friday saturday sunday now let's look at months of the year in order and again you can repeat after me if you'd like january february march april may june july august september october november december now let's look at the seasons of the year spring which is now summer fall in the u.s autumn in britain winter these are often capitalized but they don't have to be now we're going to practice specific dates so you can repeat after me monday december 5th and try to pronounce those th's at the end of those words it's a little bit difficult with the numbers tuesday the 9th of october wednesday august 12th thursday june 22nd friday april 10th saturday the 14th of april now notice you don't have to write th after 14 but you do need to pronounce it and finally sunday january 1st otherwise known as the new year now it's your turn we have some questions below for you to answer in the comments question number one what is the seventh month of the year question number two how many months are there in two years question number three what month is your birthday in the fourth question what day is it today the fifth question what day was it yesterday and finally what month is it now for some of these you might want to just practice saying them aloud and if you want to really improve your english you can record your voice i hope you've enjoyed this very short video on days months and seasons of the year if you did tell your friends about it and join me next week for the next segment in this beginning series thank you



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